

04 October 2016 at 7.00 pm

Conference Room, Argyle Road, Sevenoaks



Housing & Health Advisory Committee

At the above stated meeting the attached presentations and documents were tabled for the following items

- | | | | |
|-----|--|-----------------|------------------------------------|
| 5. | Sports Development across the District | (Pages 1 - 10) | |
| 8. | Local Housing Allowance | (Pages 11 - 22) | Gavin Missons Tel:
01732 227332 |
| 10. | To note minutes of the Health Liaison Board | (Pages 23 - 26) | |
- To note the minutes of the meeting of the Health Liaison Board held on 27 September 2016.

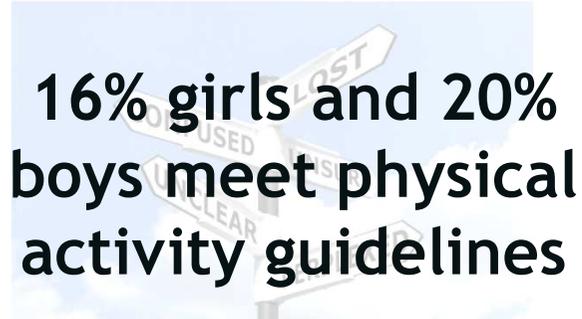
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Community sports in Sevenoaks District

Yulia La-Kruz

Community sports Project Co-ordinator

Active People Active Nation - The Facts



16% girls and 20% boys meet physical activity guidelines



Part of London 2012 Legacy to get people engaged in sport



1 in 6 deaths have been linked to inactivity



29% of adults commit to less than 30 minutes of physical activity per week



Barrier to sport participation is accessible sporting opportunities

Community Sports - Projects to date:

Be Inspired Be Active

Aims

- Deliver weekly sport sessions to residents in parishes in the north of the district
- Increase participation in sporting activities
- Encourage underrepresented groups
- Widen partnerships



Community Sports - Projects to date: Be Inspired Be Active

- Key Achievements:
- Delivered 81 courses in 9 sports
- 2093 participants came on project
- Supported more than 17 events
- Links with local sport clubs
- Provision of a new disability sport in West Kingsdown



- What People Said:
- *“ A very helpful class. A gentle start to a better healthier future. My breathing has improved less breathless. I have more structure to my week which makes me more focus. Instructor was very positive and helpful”*

Community Sports - Projects to date: Be Inspired Be Active



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Agenda Item 5

Community Sports - Projects to date: Sportivate

- Aims:
- Introduce 11- 25 years old to sport
- Generating close links with clubs
- Increase regular participation in sport



- *What People Said:*
- *“Sportivate Inclusive Archery course gave me the opportunity to try this new sport. All instructors were really friendly and supportive.”*

Community Sports - Projects to date: Sportivate



- Key Achievements
- 3 courses delivered
- Links with Archery clubs
- 26 participants completed course
- 50% of participants have joined the clubs



Community Sports - Future projects



- Sportivate - Mountain biking course at Riverhill
- Archery course in Edenbridge
- Satellite clubs in Swanley
- Impact physical activity on mental wellbeing
- Collaboration with Health and Housing teams to develop programmes for different audience



Boogie Buggy fit

We've all been there. Christmas comes and we enjoy the festive food a little too much and then find our New Year's resolution echoing last year's aim of losing the extra weight.



Lolly Gilmour and her son Cooper enjoyed their time on the course.

Local part c

Maria adds: "I've completed three am currently on the fourth course, I learnt so many dance styles, including the waltz and the tango.

"Our teacher is fantastically patient with everyone, the atmosphere is great and it's really enjoyable."

Like many of the programme are structured over a number of weeks, with the ballroom and course running for one hour for 10 weeks.

At first I went by myself but then I asked my husband Jason to try it out with me

Well if you're a mum (or a guardian) with a young baby who is looking to lose an extra few inches while wanting to get out there and meet like minded people then why not join our 10-week Boogie Buggy Fit programme!

Our next course starts on Tuesday 20 January and will take place at Gamecock Meadow, London Road, West Kingsdown, between 1.30pm and 2.30pm. The weekly course lasts for 10 weeks and for up to one hour. Babies must be between 10 weeks and 24 months old and will stay in their buggies during the classes so there is no childcare to worry about.

The classes involve a walk in the meadow to warm up and can include moving into a power walk. Each class also includes exercises specifically for posture, core rehabilitation,

strengthening, toning, stretching and relaxing. All fitness levels are welcome as you work at your own pace to gradually increase your fitness, but you must ensure you've been signed off by your GP or Health Visitor prior to exercising after having your baby.

Each session is led by qualified post-natal exercise instructor Sheree Cox, and is structured and very social so you get time to chat, make new friends and have the option to stay for a cup of tea afterwards.

Lolly Gilmour really enjoyed her time on the course. The mum of one says: "The classes were the highlight of my week and I really looked forward to seeing the other mums. My son loved to see the other babies too and really enjoyed our walks and the new activity certainly entertained him, he loved looking at the scenery and the fresh air did us

both good. I went because I wanted to improve my fitness, tone up and get in the fresh air to energise."

Boogie Buggy Fit started earlier this year after the Council was successful in securing £60,000 of external funding from Sport England under the "Be Inspired, Be Active" initiative, enabling us to run a number of free community sports taster sessions and courses across Farningham, Horton Kirby, South Darenth, Fawkham and West Kingsdown.

This class was set up as an initial free 10 week programme and very soon it gained a lot of interest and as a result our third Boogie Buggy Fit programme started running in September with the fourth starting in January.

For more information visit www.sevenoaks.gov.uk/beinspired

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Our latest sporting scheme has been working with Sevenoaks Archery Club and is on target to get more people involved in sport.

Our latest Sportivate course, funded by Kent Sport, offered hour long discounted archery lessons at Wilderness Sports Centre.

We caught up with Kate Magee, mother of 12-year-old Katherine who enjoyed the course earlier in the year so much, she is now a member of Sevenoaks Archery Club.

Kate, from Sevenoaks, says: "Katherine was interested in trying something new and the course offered a great opportunity to start learning the skill of archery. Sometimes trying a new club it can be intimidating when you aren't at standard as others.

My parent, it was perfect chance to try a whole new activity for equipment and some of the outlay can be wasted if you don't try it.

always giving Katherine extra tips to improve! The whole atmosphere felt really positive.

"Courses like this give everyone a great opportunity to try something new and that they wouldn't normally do. If it wasn't for this course, I don't think Katherine would have ever tried archery and I'd realized how much she enjoyed it.

The course gave Katherine the opportunity to find a sport that she enjoys. It has given her a lot more confidence and a great sense of achievement. I'd definitely recommend it to other parents, adults and children, it really is a great social sport for everyone."

Katherine hits the bullseye!



Kate and Katherine Magee take aim with Sportivate archery

Archery for all

The next six week beginners archery course is open to adults and children aged 12 and over and starts on Friday 21 October, 6.30pm to 8.30pm at Edenbridge Leisure Centre. Children under 16 must be accompanied by an adult.

The cost is £36 per course. Places are limited, so if you're aiming to try out this sport, please call 01732 227000 or email healthyliving@sevenoaks.gov.uk to book your place!

[sdc_newsdesk](https://twitter.com/sdc_newsdesk)

Thank you

Yulia La-Kruz

Community sports Project Co-ordinator



Sevenoaks District Council

September 2016



Moat – delivering homes, developing communities, making a difference

- Moat is an innovative social business, providing high quality homes and services to over 20,000 homes across South East England
- We house people across various tenures – including social and affordable homes for rent and a very strong focus on low cost home ownership
- Since 2010, we have delivered 2,650 homes with no new grant from government, utilising recycled capital grant from shared ownership sales and staircasing
- Today, we are more heavily reliant on private sector borrowing



2015/16 programme

- In 2015/16 we invested £85m in building new homes across a range of tenures
- 664 homes completed:
 - 122 for social rent
 - 268 for affordable rent
 - 274 for low-cost home ownership
- New homes in the region 2015/16:
 - Kent – 172
 - Sevenoaks - 18



Our ambition is to end housing need

- We will do this by:
 - being focussed on growth
 - being easy to do business with – looking for new partnership opportunities
 - offering the right experience for our customers and being brilliant at doing the basics
 - building on our reputation as an innovative and creative business



Homes in Sevenoaks

- Current homes in the Sevenoaks area 969
 - Discounted or affordable 28
 - Social rented 383
 - Sheltered and supported 80
 - Shared ownership 78
 - Average purchaser age is 36
 - Average value of property is £227,268
 - Average gross household income is £28,649
- Open market shared ownership (2015/16) 7



Development pipeline

- London Road, Sevenoaks £3m
 - Ten 1 bed apartments for shared ownership in partnership with Berkeley Homes
 - Estimated completion December 2018
- St Andrew's Court, Swanley £4m
 - Twenty eight older people's apartments, 1 and 2 bed
 - On site and completion due January 2017



What's changed for HAs?

- 1% year on year rent cut has massively reduced capacity to build
- Increased proportion of Shared Ownership as rent reduces build capacity
- Social purpose still important
- Increased market sale for cross subsidy but increases risk profile
- Partnering SME contractors and developers
- Government housing policy – home ownership centric, welfare reform, reduced grant
- Autumn statement – clarity on Starter Homes product

What's changed for Developers/House builders?

- 'Majors' pulled back from land market earlier in year – concerns on Starter Homes policy
- SME developers upping output especially outside London and S East on stronger demand
- High sales values drive very heavy reliance on Help to Buy across the board - c40% private sales
- Policy direction on HTB and SHI is very important part of Autumn Statement



Challenges

- Present Government policy for low cost home ownership – between 2016 and 2021, £4.7 billion allocated to deliver:
 - 135,000 homes for Help to Buy: Shared Ownership (88.3%)
 - 10,000 homes for Rent to Buy (6.5%)
 - 8,000 homes for specialised housing (5.2%)
- No grant funding available for affordable or social rent
- Meeting LA/partner requirements
- Competing products, such as Starter Homes and equity loans
- Affordable homes requirement 40%, 20% of which will be Starter Homes
- Land/property values amongst the most expensive in the UK
- Affordability issues, with those on low to middle incomes being out-priced, having to rent privately or move to cheaper areas



How can we work together?

- Innovation – we need to think creatively
- Joint Ventures?
- Risk and reward sharing – what's Sevenoaks appetite?
- Funding
- Temporary Housing?/rent guarantees



The Vales, The Moor Road, Sevenoaks



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HEALTH LIAISON BOARD

Minutes of the meeting held on 27 September 2016 commencing at 2.00 pm

Present: Cllr. Mrs. Bosley (Chairman)

Cllrs. Dr. Canet, Clark, Dyball, McArthur and Parkin

An apology for absence was received from Cllr. Abraham

8. Minutes

Resolved: That the Minutes of the meeting held on 11 May 2016, be approved and signed by the Chairman as a correct record.

9. Declarations of Interest

There were no additional declarations of interest.

10. Updates from Members

Cllr. Clark reported that he had attended the 'Fair Care for Kent' event at Ashford on 7 June 2016, which had been organised by - Action With Communities in Rural Kent (ARCK) which was looking at alternative ways delivering care which was why Kent County Council (KCC) were interested. The focus had been on community micro enterprises, locally owned and providing care solutions ie at village level. There had been a number of presentations by different groups. The idea was to replace that lost extended family care with extended community care, pooling skills already within the community, from carers to cooks and gardeners. Largely on a funded basis but some voluntary input as well. The principle was supported by the Department for Health. There were some issues with the Care Quality Commission (CQC) and the feeling of being over regulated, but if not registered it was hard to become visible and used within the community. Being small such groups could also suffer from competition and being undercut by larger organisations; have difficulty finding start up funding; and issues with holiday and sickness absence issues when so few.

KCC seemed willing to work with someone but not lead on it. Unless there was someone willing to be the coordinating body there seemed no real way forward at the moment however good the idea was.

Cllr. Dr.Canet reported that there were now over 100 members of the Sevenoaks District Senior Action Forum. In celebration of Older Peoples Day on 1 October there would be a local event with a physiotherapist at Gloucester House between 3-4pm. The physiotherapist was doing a lot of work on getting people to walk and was willing to talk to the Board. It was agreed she should be asked to attend a future meeting.

Cllr. Dr. Canet advised she may attend an evening talk called 'Breath of Fresh Air - Addressing Climate Change and Air Pollution Together for Health' run by UK health alliance on climate change. She also handed out a leaflet entitled 'thinking of moving' from a private company. The Head of Housing & Health advised that the Council ran a similar free scheme called 'small is beautiful' and believed it was a question of getting the scheme more widely known.

Cllr. McArthur had recently attended the Housing & Health Portfolio Holder's briefing where there had been a good brainstorming session on mental health issues and housing. She was impressed by the joined up thinking going on between departments. She had also attended the West Kent MIND AGM and managed to get to a session of the 'Forget me Not' café in Edenbridge. Members briefly discussed how transport issues affected attendance, and agreed to request the dates of the cafes to be advertised in 'In Shape'.

Cllr. Dyball reported that she had attended the first phase of Swanley Town Centre consultation. There was a groundswell of opinion especially with regards to parking concerns and mobility issues around the two large GP centres.

Cllr. Parkin advised that she had been tasked by the Portfolio Holder for Housing & Health to form a working group to look into loneliness. The Head of Housing & Health advise that under the new health deal it was a message coming through quite strongly from local GPs who were saying it because of the lack of community and local relatives. The difficulty was in identifying those people before they reached crisis point, and agree it was a good topic to look at. At the moment the work being carried out was mainly with older people through work on health integration. The voluntary sector played a massive part and it may be a question of identifying all the schemes currently on offer and having a targeted campaign. The Board agreed to go away and research this before the next meeting and bring the information together for a 'think tank' session at the next meeting.

The Chairman announced that the Council was one of four shortlisted for a Kent Dementia Award at a ceremony taking place on 24 October 2016, for the work carried out so far in working towards being dementia friendly. The Head of Housing & Health took the opportunity to show the Board the new signs she had designed for the building's toilets. She also advised that better signage in reception along with a plaque stating that the Council was working towards being dementia friendly, were being looked at.

11. Sevenoaks District Health Improvement Annual Report

The Head of Housing & Health presented the 2015/16 Sevenoaks District Health Improvement Annual Report and year end monitoring summary of the 'Mind the Gap' Health Inequalities Action Plan.

She reported that there was now little or no significant difference in life expectancy between the poorest and richest wards, which demonstrated that a difference was being made to bridge the inequalities gap.

Members discussed tackling obesity with teenagers, the Head of Housing & Health advised that the difficulty found was transition between services for examples midwives working with mothers but their care ceasing once the baby was born. It was mentioned that Dartford Borough Council allowed no mobile food vans to operate in the Borough and it was agreed this was something that could be put to licensing at the next meeting.

A Member suggested Members should consider having fruit not biscuits at council meetings.

Resolved: That the report be noted.

12. West Kent Health Integration Update

The Head of Housing & Health presented the report and gave a brief presentation and update on the work being undertaken to provide a co-ordinated approach to health integration between Kent County Council and district and borough councils in West Kent.

Resolved: That the report be noted.

13. Workplan

The work plan was noted. The report on 'Planning Policy and how it contributes to the Health agenda' to be put to the next meeting.

THE MEETING WAS CONCLUDED AT 3.28 PM

CHAIRMAN

